

**'FIRST, DO GOOD': CRITICAL AND CREATIVE RESPONSES TO IATROGENIC HARM IN MENTAL HEALTH PRACTICES - FRIDAY 8 NOVEMBER 2024**

**08.30 onwards** *Registration (in Brookfield Health Sciences Complex foyer/atrium)*

**09.30-10.00** **BHSC G02** **Welcome.** Lydia Sapouna and Harry Gijbels.

**10.00-10.45** *Keynote Presentation 1*

**BHSC G02 (250)** *Trauma: A Critical Psychiatry Perspective.* Pat Bracken, Independent Consultant Psychiatrist, Ireland.

**10.45-11.30** *Keynote Presentation 2*

**BHSC G02 (250)** *Discontinuing Psychiatric Medication: Obstacles and Opportunities.* Agnes Higgins, Researcher, Professor in mental health nursing, Board member of Kyrie Farm and eternal optimist, and Mike Watts, Recovery activist, Ireland.

**11.30 – 11.45** **BHSC G02 (250)** *Happy 77th birthday to Mary Maddock,* MindFreedom, Ireland.

**09.30 -12.00** Live Streaming of **BHSC G02 (250)** keynote presentations to **BHSC G05 (120)**

**11.45-12.15** **Break**

**12.15-13.00** *Concurrent Sessions A*

**1. BHSC G02 (250)** *Harmony Not Harm.* Mary Maddock and Claire Twomey, Mind Freedom Ireland, Cork.

**2. BHSC G04 (120)** *Iatrogenic harm and iatrogenic resistance of peer workers in NHS mental health services.* Emma Watson, survivor researcher, peer support lead at Nottinghamshire Healthcare NHS Trust, and program lead for research, publications and development for ImROC, England.

**3. BHSC G05 (120)** *NHS Peer Workers: Canaries in the Mine. When Iatrogenic Harm Doesn't End at Discharge.* Danny Bowyer, Peer Support (Mental Health) Programme Lead, ImROC and Katy Hawkins, Trustwide Lived Experience Practice & Peer Support Lead, Central and North West London NHS Foundation Trust (CNWL), England.

**4. BHSC G06 (120)** *Physician, heal thyself: iatrogenic harm amongst mental health practitioners with lived/living experience of self-injury.* Fiona Stirling, counsellor and lecturer at Abertay University, Scotland and Lauren Hempseed, expert by experience and student at Abertay University, Scotland.

**5. BHSC 1.21 (70)** *'Do no harm...to the peer support movement!' – An exploration of peer support in 2024.* Ciara Glynn, Operations manager at Solace Café, former peer support worker, activist, occasional lecturer, lived

experience director at Kyrie Farm and Mental Health Reform; Lisa Archibald, Co- owner & co-director of Intentional Peer Support, passionate activist, Mad scholar, advocate for peer support fidelity, lived experience committee member at Kyrie Farm.

**6. BHSC 1.22 (70)** *Elevating Trans Voices - First, Listen.* Dr Cian Aherne, Clinical Psychologist and Clinical Manager in Jigsaw Limerick and Sasha Morgan, Social Care student, interested in advocating for transgender people in Ireland, and a Jigsaw volunteer since 2022.

**7. BHSC 3.02 (35)** *The Impact of Mad Studies on the c/s/x/m Movement: Strategies for Abolishing Psychiatric Oppression and Promoting Mad Liberation.* Matthew Jackman, Founder, The Australian Centre for Lived Experience, PhD student, Centre for Disability Research and Policy (Mad studies), Consultant, Lived Experience NCDs, World Health Organisation.

**13.00-14.00** *Lunch. Various cafes and restaurants in and near the conference venue.*

**14.00-14.15** **BHSC G02** **Welcome back.** Lydia Sapouna and Harry Gijbels.

**14.15-15.00** *Keynote Presentation 3*

**BHSC G02 (250)** *Remembering Fiona Morrissey's Scholarship & Advocacy: A Human Rights Critique of the Mental Health Bill 2024.*

Charles O'Mahony, Lecturer in Law, School of Law, University of Galway, Ireland.

**14.00 -15.15 Live Streaming of BHSC G02 (250) keynote presentation to BHSC G05 (120)**

**15.00-15.15 Short Break**

### **15.15-16.00 Concurrent Sessions B**

**1. BHSC G02 (250) Remembering Fiona Morrissey's Scholarship & Advocacy.** Panel discussion with Charles O'Mahony, Mark Kelly (Fiona's husband), Liz Brosnan, Fiona Anderson (joining remotely), Ber Grogan (Mental Health Reform, who campaigned on the 2001 Act with Fiona), Prof. Mary Donnelly (University College Cork, who worked with Fiona on the guidance for advance healthcare directives under the Assisted Decision-Making Capacity Act), Mary Keys (Fiona's PhD supervisor).

**2. BHSC G04 (120) Uncovering the Emotional Labour of Involvement and Co-Production in Mental Health Research.** Alison Faulkner, Survivor Researcher, UK.

**3. BHSC G05 (120) Empowerment, Self-determination and Self-Advocacy.** Rona McBrierty, an internationally recognized Wellness facilitator and trainer, Senior Advisor to the Copeland Center for Wellness and Recovery.

**4. BHSC G06 (120) The reality of peer working in an NHS mental health service.** Sam

Robertson, Peer Research Fellow and PPI Lead and Don Robertson, Senior Peer Trainer and Researcher, Sussex Partnership NHS Trust, England.

**5. BHSC 1.21 (70) Beneath the mask.** A short presentation and discussion led by expert by experience and arts facilitator, Éadaoin Berkeley, Ireland.

**6. BHSC 1.22 (70) A lack of insight? - Understanding some ways inadvertent iatrogenic harm can occur.** Neil Broatch, MA (Philosophy), writer, researcher with lived experience, Trustee - Soteria Network UK.

**16.00-16.15 Short Break**

### **16.15-17.00 Concurrent Sessions C**

**1. BHSC G02 (250) Seeing the Order in the Disorder.** Dr Tony Humphreys, Consultant Clinical Psychologist, Author and National and International Speaker, Ireland.

**2. BHSC G04 (120) Minimising avoidable harm in mental health social care: A call to action.** Sarah Carr, Independent Research Consultant with lived experience, England; Tina Coldham, Mental Health User Consultant, Trainer & Researcher, England.

**3. BHSC 1.21 (70) Coming out as the 'wounded healer': Navigating self-disclosure(s) in practice.** Jess Orense (they/them), service (ref)user and storyteller from the Philippines,

doing a Mad Studies PhD by Creative Practice at Queen Margaret University, Scotland.

**4. BHSC 1.22 (70) Heal the trauma. Don't cause the trauma.** Miriam Emanuela Presta, Peer Support worker for NHS West London Trust and a Forensic Psychology student with The Open University, and Sarah Labovitch, Peer Support Worker, Complex Emotional Needs Team at West London NHS Trust, England.

**09.00-16.00 BHSC 1.04 (25)** Quiet room for people who seek some quiet time.

### **Conference Donations**

One of the unique features of this annual conference is that it is a free event, supported by a very small budget. Since 2013, following delegates' enquiries about making donations, there has been a donation box at the registration desk. Please feel free to contribute through either cash, QR code, cheque made payable to CVNI, or electronically to the CVNI account at the AIB: IBAN: IE95 AIBK 9341 9448 5090 75 BIC: AIBKIE2D. We do not accept donations which compromise the ethos and values of the conference. If you have any queries, please contact either Lydia Sapouna at [l.sapouna@ucc.ie](mailto:l.sapouna@ucc.ie) or at 021 4903495, or Harry Gijbels at [h.gijbels@ucc.ie](mailto:h.gijbels@ucc.ie) or at 085 7554220

Safe journey home and looking forward to seeing some of you again tomorrow.

**'FIRST, DO GOOD': CRITICAL AND CREATIVE RESPONSES TO IATROGENIC HARM IN MENTAL HEALTH PRACTICES - SATURDAY 9 NOVEMBER 2024**

**9.00 onwards** *Registration (in Brookfield Health Sciences Complex)*

**09.45-10.00 BHSC G02** **Welcome.** Lydia Sapouna and Harry Gijbels.

**10.00-10.45 Keynote Presentation 4**

**BHSC G02 (250)** *First Do No Harm: Iatrogenic Harm in Mental Health.* Jacqui Dillon, Activist, Writer, Educator and Chair of ISPS UK, England

**10.45-11.30 Keynote Presentation 5**

**BHSC G02 (250)** *How to Safely Stop Psychiatric Medications.* Mark Horowitz, clinical research fellow in Psychiatry and co-lead clinician of the Psychotropic Deprescribing Clinic at North East London NHS Foundation Trust, England.

**09.30-12.00 Live Streaming of BHSC G02 (250) keynote presentations to BHSC G04 (120)**

**11.30-12.00 Break**

**12.00-12.45 Concurrent Sessions D**

**1. BHSC G02 (250)** *Overcoming Institutional Iatrogenesis through the lens of human rights trauma informed approaches in mental health communities.* Martha Griffin & Liam Mac

Gabhann, School of Nursing, Psychotherapy & Community Health, Dublin City University, Ireland.

**2. BHSC G04 (120)** *The influence of lived experience voices in the policy and decision-making processes: Successes and Challenges.*

Nicola Byrne, Shine CEO, and Voice Platform members: Sophie Mae, Cathy Shah, Marie Keating, Sean Blake and Anne Doran, Ireland.

**3. BHSC G05 (120)** *Hearing Voices Network Ireland (HVNI) AGM 2024 and update on activities.* HVNI Board members.

**4. BHSC G06 (120)** *Emotional First Aid - Changing the Landscape and Finding Your Way.* Matthew Morris, Director of Development for The Mavam Group, England.

**5. BHSC 1.01 (70)** *Beyond the Psychiatrist's Office: A Model for Analysing the Pervasive Harm of Psychiatric Violence.* Rosch (she/her), survivor activist and researcher, dance artist, member of Marie Blanche Collective (Berlin, Germany) and Mad Insight (Edinburgh, Scotland).

**6. BHSC 1.02 (70)** *Co-production whopper?! How we involved collective lived experience in the design phase of a review on tapering neuroleptics.* Ute Kraemer, Survivor of Psychiatry and Self-Help Activist, M.A. Anthropology, M.Sc. Mental Health Services Research (Survivor Researcher), and Sebastian von Peter, (critical)

psychiatrist at the Medical School Brandenburg/ Germany, leading the home treatment team, Germany.

**12.45-14.15 Lunch. Various cafes and restaurants near the conference venue.**

**14.15-15.00 Concurrent Sessions E**

**1. BHSC G04 (120)** *Psychedelic Regulation and Iatrogenic Harm.* Oliver Davis, Professor of French, University College Cork, Ireland.

**2. BHSC G05 (120)** *Harm revisited and healing together through Podcasting & Peer Support: A conversation with Gateway Members.* Panel members Brendan, Eoin, Mags, Peter, Mags, Marie-Therese & Marie. Gateway Mental Health Project, Dublin.

**3. BHSC G06 (120)** *Dealing with the effects of late diagnosis, the optimist edition.* Kosta Moutsko, Member of the National Volunteer Experience Panel, Mental Health Engagement and Recovery, National Mental Health Operations, Ireland.

**4. BHSC 1.01 (70)** *Queering the language of dis/order.* Joana Rita, Anti-disciplinary artist and researcher, inhabiting damaged ecologies, lover of the strange & the everyday. Center for Theatre Studies, University of Lisbon, Portugal.

**5. BHSC 1.02 (70)** *Participation in Action: Involving Lived Experience in Tapering Neuroleptics Research.* Julia Lippert, B.A.

Sociology, massage therapist, Expert by experience and Sebastian von Peter, (critical) psychiatrist at the Medical School Brandenburg/ Germany, leading the home treatment team, Germany.

#### **15.00-15.15 Short Break**

**15.15-15.30 BHSC G02** Welcome Back. Harry Gijbels and Lydia Sapouna.

#### **15.30-16.15 Keynote Presentation 6**

**BHSC G02 (250) *First Do No Harm: Coercion and Collusion, Past, Present and Where are We Going?*** Avril Scannell, Post Patient, Peer Advocate, and Deirdre Lillis, Advocate with SHEP (Social and Health Education Project) Advocacy Programme, Cork, Ireland.

**15.15-16.30 Live Streaming of BHSC G02 (250) keynote presentation to BHSC G04 (120)**

#### **16.15-17.00 Plenary Session**

**BHSC G02 (250) *Reflections on the Conference and the ongoing work of the Critical Voices Network Ireland (CVNI)***

The plenary session provides opportunities to integrate the insights and initiatives of the conference and to discuss the on-going work of the CVNI.

**BHSC 2.25 (50) *Quiet Room.*** Quiet room for people who seek some quiet time.

Recordings of the keynote presentations, with the respective presenters' consent, will be available a few weeks after the conference at [www.cvni.ie](http://www.cvni.ie) and [www.ucc.ie/en/appsoc](http://www.ucc.ie/en/appsoc)

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